

Help your child learn every day



Chat



Sing



Read



Move



Play

Chat

- Talk about what you are doing throughout the day
- Listen to your child
- Use lots of new words
- Don't correct but repeat back correctly

Move

- Go on visits to the park and playgrounds
- Try to move every day
- Do activities that get your child out of breath
- Have lots of opportunities to run, jump, skip.....

Sing

- Sing songs and rhymes
- Start singing as soon as your child is born
- Dance to your favourite music
- Use everyday objects to make music and rhymes
- Sing nursery rhymes

Read

- Read books and tell stories
- Visit the library
- Do voices and sounds effects when telling or reading stories
- Have lots of books around

Play

- Play with friends
- Let your child have a go themselves
- Play lets pretend
- Draw, paint and make marks
- Play with letter and numbers
- Do real things such as planting seeds, washing up, baking

For more information ask.....and visit the website [www.cumbria.gov.uk/home learning](http://www.cumbria.gov.uk/home-learning)