

# Housing Pathway: Eden

The pathway will be followed only when all other options have been exhausted including extended family.

"I need a home..."

## 1. Nightstop Contact

Jade Docherty  
07399 580459  
[Jade.docherty@depaulcharity.org.uk](mailto:Jade.docherty@depaulcharity.org.uk)

## 1. Emergency

**1. Nightstop (emergency provision).** Nightstop Cumbria offers accommodation for young people in immediate housing crisis in the homes of trained and approved volunteer 'hosts'. Placements are dependent on a satisfactory Risk Assessment and offered on a night by night basis.

## 2. Homestay Contacts

Gaby Sanderson  
01228 227079/  
07909928276  
Gabrielle.Sanders  
on@cumbria.gov.uk

## 2. Homestay

**2. Homestay:** County Council run supported lodgings, with people offering a young person a room in their home and support to enable them to develop independent living skills on a respite basis.

## 4. Eden Rural Foyer Contacts

Carly Amphlett  
01768 861650 /  
07860 957042  
[carlya@impacthousing.org](mailto:carlya@impacthousing.org)

## 3. Next Step

**4. Eden Rural Foyer, Impact Housing: 9 self-contained flats for young people in Education, Employment and Training. 7 flats for low support needs and 2 with support.** Access is via a referral & assessment form to CAST, and is dependent upon vacancies, appropriateness of the referral, and the needs of other residents as determined by the individual project.

**5 Cumbria CBL:**  
Eden Housing Association (HA) :  
0800 1833948;  
Impact HA: 0344 8736290; Two Castles: 0800 085 1171/0300 123 1747; Home Group: 0345 141 4663.

## 4. Next Step

**5. Cumbria Choice Based Lettings:**  
[www.cumbriachoice.org.uk](http://www.cumbriachoice.org.uk) Councils and housing associations across Cumbria advertise their properties and customers can choose the homes for which they want to be considered. You will normally need to be at least 18 to bid but there are exceptions and it is worth talking to your local housing association.

**6. Private rented sector: various.**  
Contact local estate agents and letting agencies.

## 5. Next Step

**6. Private rented sector:** Need to be aged 18+. Will need a deposit, rent in advance, admin fees etc. The maximum housing benefit claimable will be £62.15 per week unless the young person is a care leaver under 25.  
[DiGS](#)  
Accommodation Deposit Guarantee Scheme may be available via Eden District Council.

My Home



