About us... We live in a 3 bedroomed semi-detached in west Carlisle, with a good bus service into town. We have a large back garden, and a small box room is available to Nightstoppers. No pets, no smoking inside. We have 2 children, a daughter who is 30 and a son who is 26, no longer living at home.

Graeme is a senior social worker, mainly adult social care, I am a museum assistant. I am involved with a charity supporting schools in Uganda and visited Uganda in 2015.

We are experienced Scottish Country Dancers, having done this for many years, , I can do less now due to arthritis in my foot. We love cycling and enjoy touring holidays. We both love our large garden, and also look after our daughter's, and grow plenty vegetables and fruit. I like singing and joined a new choir, the Solway Singers in September.

We watch quite a lot of telly, including nature programmes and other historical or factual documentaries. I like George Clarke and Restoration programmes, Graeme likes SVU and CSI. Our only soap is the Archers, and everything stops for this! We try to keep active and healthy, and are, very slowly, trying to lose weight.



Preventing homelessness through community hosting



## Graeme & Rhiannon

Volunteer Nightstop Hosts

About me Hello my name is Dolly and I am a host in West Cumbria. I am 66 years old and retired. I live in a terraced house in Maryport, with my 2 cats. My house is 10 minutes walk from train station and buses. I have a sea view from some windows and the room I use for Nightstop is at the top of the house so it's a nice quiet space if you just want to chill out and relax. My house is decorated in quite calm and relaxing colours, blues and greens, and ties in with the seaside area where I live.

I'm interested in interior design and like picking up interesting bits and bobs for the house.

I volunteer at our 2 local museums as I am interested in history and I also like to keep myself busy!

I don't watch tv but have a stash of dvds and cds. I love live music and we have good music scene in our town so I like to go and see rock and blues bands. I read a lot and have a houseful of books. Not a great cook but make up for it by being friendly!

I was a foster carer for teenagers for over 10 years, I have also raised my own children. My two sons live and work abroad. I love having people to stay, my sons and friends come and visist and I also like to travel myself when I get the chance. I have 2 cats, both getting older now but both

## NIGHTSTOP

Preventing homelessness through community hosting



# Dolly

About us... Our home is in Lindale, where we also work, and is very welcoming and comfortable. It's a calm and relaxing space. We have a spare room and bathroom next to each other that our Nightstop guests use. We have grown up children who now live away from home.

We are both friendly and enjoy socializing and keeping ourselves busy. We are both committed Christians so we volunteer and socialise with our local church too.

We enjoy bird watching, country walks and classical music. Jan reads a lot and does cross stitch. Ian enjoys photography and computing.

Ian volunteers at Kendal night shelter in the winter months. Both of us enjoy helping those less fortunate and are very experienced hosts as prior to moving to Cumbria we were Nightstop hosts in Devon.



Preventing homelessness through community hosting



# Jan & Ian

Volunteer Nightstop Hosts

About us...Our home is in Kendal, in South Cumbria. We have a modern spare room with an ensuite bathroom that we use for Nightstop. Our place is homely and relaxing and has some nice views out over Kendal.

Andy is a retired professor and currently works as a consultant, undertaking a range of work promoting children's rights, and Jen is an artist. Jen was a theatre lighting designer and is now working as an artist making interactive installations. Andy works mainly from home, when he is not travelling and Jen has a studio.

We both do some volunteering with other homeless charities and have volunteered with Crisis at Christmas for a number of years.

We both love the outdoors and are usually out on the fells when the weather is fine, either walking or mountain biking. Jen loves cooking, Andy loves eating - meal times are great. Andy takes care of the breakfasts usually and likes to make sure our guests leave well fed in the mornings!

We're very social and friendly, no pets.



Preventing homelessness through community hosting



# Jenny & Andy

Volunteer Nightstop Hosts

About us...Our house is in a small village not far from the Penrith area. It's a nice quiet location so we don't have much in the way of public transport but have good links via train. Our Nightstop room has twin beds and a nice view out of the window. We have a border collie Bess, who is 12 years old, she's very friendly and will come and say hello but she's calm and likes to sleep a lot now so you'll find her next to the fire or the oven!

John is a retired primary school headteacher. I have done all sorts, mostly administrative jobs. We are both home-birds, keen to take care of our family and neighbours. We are Christians and involved with our local Anglican church, John as Churchwarden and Kathleen as church treasurer. John has two adult children and we have five grandchildren.

We both like to cook homemade meals, John makes a good curry! We grow vegetables and fruit in our garden too that we like to make use of.



Preventing homelessness through community hosting



### John & Kathleen

Volunteer Nightstop Hosts

About us...We live in Whitehaven in Cumbria in a 3 bedroomed house, and we usually use our single bedroom for Nightstop guests. We have 2 cats, 2 dogs and 2 rabbits. They are all very friendly but we keep them out of the way if anyone does not really like animals. We have grown up children who now live away from home but still come round to visit.

We love making home cooked meals and a particular favourite with our Nightstop guests is lasagne.

We like to keep active and busy and we both do other volunteering roles as well as Nightstop. We help out with various things at our local church and Roy teaches a creative writing group. Roy writes poetry and has even had a few of his poems published!

We love going on trips when we can and do short breaks around the UK, as well as visiting family and friends.

We also enjoy the theatre and like to go see local productions in Whitehaven when we can.



Preventing homelessness through community hosting



# Roy & Marian

Volunteer Nightstop Hosts

About me...My name is Christine and I volunteer as a driver for Nightstop. I live between Carlisle and West Cumbria so would tend to drive to placements around that area. I have 3 grown up children who now live away from home.

I work as a holistic therapist so I have a lot of empathy and in my career have worked with people suffering from all sorts of issues and from all walks of life. I am a good listener and like to help people.

I have also worked as a teacher in the past which gave me some good experience of working with people. I like to travel and enjoy trips to France when I can.

## NIGHTSTOP

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### Christine

Volunteer Nightstop Driver

About me... My name is Angie I live on my own in a village near Brampton, I have two grown up children and seven grandchildren from aged two to twenty five. I work part-time as a Staff Nurse.

When I get free time I love being outside gardening or going for walks. Also love up cycling furniture, crochet and reading and music. I have been to U2, Killers and Brandon Flowers concerts recently and love folk concerts too. I ski and love the snow, I learnt to ski in Bulgaria about 10 years ago and have also been to the slope at Alston a couple of times.

My house is nice and quiet, I have a tv in the living room but I often sit in the kitchen reading and listening to music. I have two cats Brambles and Elvis. They might come and say hello but mostly like to do their own thing! NIGHTSTOP

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### Angie

Volunteer Nightstop Host

About me...Hello my name is Aileen and I am a Volunteer Driver for Nightstop. I volunteer to help young people get to a placement safely, where public transport is not possible etc.

I have lots of experience of working with young people through my teaching career. I used to work in special educational needs and then adult literacy. Now I do supply teaching so I get to plan my work around other things that I enjoy doing!

I live just outside of Carlisle so I would tend to drive to placements around that area.



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### Aileen

Volunteer Nightstop Driver