

## Useful links for families with disabled children and children with special educational needs in Cumbria



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### Cumbria's local offer

<http://localoffer.cumbria.gov.uk/kb5/cumbria/fsd/home.page>

Here you will find information on local services for families with disabled children and young people aged 0-25 years.

### Cumbria County Council Information and Support

<https://www.cumbria.gov.uk/childrenservices/childrenandfamilies/childrenwithdisabilitiesteam.asp>

This website is for Children with disabilities in need of support.

### Cumbria carers

<https://www.westcumbriacarers.co.uk/>

<https://www.carlislecarers.com/>

<http://slcarers.org.uk/>

Cumbria carers provides support to carers who look after a family member, relative, friend or neighbour who could not manage without their help.

### Contact a Family North East

[www.cafamily.org.uk](http://www.cafamily.org.uk)

Contact a Family is an umbrella organisation that provides information and support directly to families with disabled children and young people and those with special educational needs. This includes information about specific conditions, advice and information about benefits and services as well as lots of resources with top tips and common sense advice,

### Council for Disabled Children

[www.councilfordisabledchildren.org.uk](http://www.councilfordisabledchildren.org.uk)

Umbrella body for disabled children's sector with lots of useful information for families and professionals.

### Disability Matters

[www.disabilitymatters.org.uk](http://www.disabilitymatters.org.uk)

Lots of free resources for e-learning and to support workshops, aimed at getting everyone who may work or volunteer or be a parent carer of disabled children and young people to



reflect on their own attitudes and positively change to 'can do' attitudes that warmly welcome and include disabled children and young people.

### **Family Fund**

[www.familyfund.org.uk](http://www.familyfund.org.uk)

UK's largest charity providing grants for families with disabled or seriously ill children and young people.

### **Mencap**

[www.mencap.org.uk](http://www.mencap.org.uk)

Non-government organisation whose vision is a world where people with a learning disability are valued equally, listened to and included. Lots of resources for support and information for families and professionals

### **Special educational needs and disability: A guide for parents and carers**

[https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/Special\\_educational\\_needs\\_and\\_disabilites\\_guide\\_for\\_parents\\_and\\_carers\\_0.pdf](https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/Special_educational_needs_and_disabilites_guide_for_parents_and_carers_0.pdf)

### **Independent Parent Special Education Advice**

[www.ipsea.org.uk/](http://www.ipsea.org.uk/)

IPSEA offers free and independent legally based information, advice and support to help parents get the right education for children and young people with all kinds of special educational needs and disabilities. They host an information service, advice line and tribunal helpline as well as training for parents, schools and local authorities.

### **Special Needs Jungle**

<http://www.specialneedsjungle.com>

Parent-led information, resources and informed opinion about children and young people with special educational needs, disabilities, health conditions and rare diseases

### **Working Together Matters**

<https://www.disabilitymatters.org.uk/course/view.php?id=58>

Parents and carers of disabled children and young people are on a constant journey of challenge, discovery and understanding. This is a free learning session with advice.

### **Disabled Children: A Legal handbook.**

<https://councilfordisabledchildren.org.uk/help-resources/resources/disabled-children-legal-handbook-2nd-edition>

### **Meaningful Inclusion Matters**

<https://www.disabilitymatters.org.uk/course/view.php?id=55>

This free learning session will show how disabled children and young people, with a little thought, planning and ingenuity, can always be included and how the Law may help acquire extra resources when needed.

### **Inclusion Matters for Organisations and Services**

<https://www.disabilitymatters.org.uk/course/view.php?id=57>

This free learning session will guide you through some of the ways that an organisation can positively include disabled people. We will consider what 'reasonable adjustment' means in practice and how to put this in place. We will work towards understanding how real inclusion benefits the person and the organisation.

### **Anti-Bullying Tool for Parents**

<http://www.anti-bullyingalliance.org.uk/advice/parents-carers/anti-bullying-tool-for-parents/>