



# Cumbria SEND Information, Advice and Support Service

Offering impartial information, advice and support to children and young people (0-25 years) with special educational needs and/or disabilities (SEND) and their parents and carers.

Your local SEND IAS Service Co-ordinator will listen to your concerns and can offer:

- Appropriate support, impartial information and advice;
- To arrange a confidential meeting with you and support you at meetings;
- Detailed explanations of how the Special Educational Needs (SEN) process should work;
- Information about local and national voluntary organisations;
- Information about young peoples and parents support groups in your area;
- To support you through the Education, Health and Care Plan (EHCP) Process and annual reviews;
- The chance to meet other people with similar needs, or the chance to meet other parents who have children with similar needs;
- To help you learn more about the SEND Code of Practice.

## For self-referral, please contact your local co-ordinator:

A child or young person may have learning difficulties caused by:

- A physical disability;
- A problem with sight, hearing or speech;
- Difficulties with reading, writing or mathematics;
- Emotional or behavioural problems;
- Communication and social interaction.



**Carlisle Area and North Cumbria**  
**Polly Shields**  
 T: 07788 360336  
 E: pollyanna.shields@cumbria.gov.uk

**Allerdale Area**  
**Susan Eastwood**  
 Tel: 07824 408922  
 Email: susan.eastwood@cumbria.gov.uk

**Kendal and East Cumbria**  
**Lucy Harris**  
 T: 07769 935446  
 E: lucy.harris@cumbria.gov.uk

**Copeland, Coniston and Ambleside**  
**Sally Godfrey**  
 Tel: 07795 110940  
 Email: sally.godfrey@cumbria.gov.uk

**Barrow, Ulverston and Grange Area**  
**Celia Jones**  
 Tel: 01229 407439  
 Email: celia.jones@cumbria.gov.uk



We can now be found on Facebook @CumbriaSEND ([fb.me/CumbriaSEND](https://fb.me/CumbriaSEND)), where you will also find a link to our Website [cumbria.gov.uk/childrenservices/schoolsandlearning/ils/parentpartnership/](http://cumbria.gov.uk/childrenservices/schoolsandlearning/ils/parentpartnership/)

Cumbria Local Offer: where you can find a range of information and guidance for children and young people with additional educational needs throughout Cumbria: [localoffer.cumbria.gov.uk/kb5/cumbria/fsd/home.page](http://localoffer.cumbria.gov.uk/kb5/cumbria/fsd/home.page)

