



The Early Help Team

The Early Help Team is in place to support practitioners understand the importance of Early Help and support the initiation and coordination when necessary..



- Early Help is the support that can be provided for a child, young person or family who may have additional needs that cannot be met by universal provision and there is perceived to be no risk of significant harm.
- We know there are wide range of services across the county that provides help to families at this early stage however more needs to be done to bring those services together.
- Agencies that we anticipate working with would include: midwives, police, health visitors, early years professionals, GPs, schools, children centres, voluntary sector and youth workers but this is not an exhaustive list.
- The team can support through a variety of help such as one-to-one meetings, group work with a team, training and advice and guidance.
- Early Help is vitally important and we are looking to address the barriers and obstacles that prevent practitioners from completing Early Help Assessments. The team will support

practitioners to complete an Early Help Assessment and Action Plan with confidence.

- There is a staff member in each of the districts and it is hoped this will be viewed as an accessible method of support in completing an Early Help Assessment.
- Where the Cumbria Safeguarding Hub has screened a contact and it meets the Early Help threshold you may be contacted by an Early Help Officer from the Hub.
- If you are considering making a referral to the Early Help and Family Support Panel contact your local Early Help Officer to discuss the family before completing the paperwork.

If you need any support please give the Early Help Officer in your area (overleaf) a call, we look forward to hearing from you.

The Early Help Team



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If you want to register or close an Early Help Assessment complete the relevant paperwork on the Early Help page of the CSCP website and email to **early.help@cumbria.gov.uk**



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