Name of Activity/Event	Date & Time	Location	Summary (which includes who this is open to eg family day out or open to all etc)
Match the Miles	Wednesday 5 September, 10am- 12.30pm	Seascale Library	All are welcome, ideally need to by physically mobile enough to use a spinning bike.
Cake Sale	Wednesday 5 September, 10am- 12.30pm and 1pm – 5pm	Seascale Library	All are welcome
Match the Miles	Thursday 6 September, 9am – 6pm	Whitehaven Library	All are welcome, ideally need to by physically mobile enough to use a spinning bike. Local sports club information available
Yarn Bombing	Thursday 6 September, 9am – 6pm	Whitehaven Library	Yarn bombed bike on display that has been decorated by knit & natter groups
Match the Miles	Friday 7 September, 1pm – 5pm	Millom Library	All are welcome, ideally need to by physically mobile enough to use a spinning bike Local sports club information available
Yarn Bombing	Friday 7 September, 1pm – 5pm	Millom Library	Yarn bombed bike on display that has been decorated by knit & natter groups
Historic Cycling	3 – 7 September	Whitehaven Library	Archives display featuring cycling through the ages in West Cumbria
100 Mile Challenge	3 September – 14 September	Copeland primary schools	Copeland primary schools that are participating in the 100 Mile Challenge are invited to encourage pupils to travel their miles by bike during the two weeks. The school with the most miles travelled by bike will win a prize of PE resources