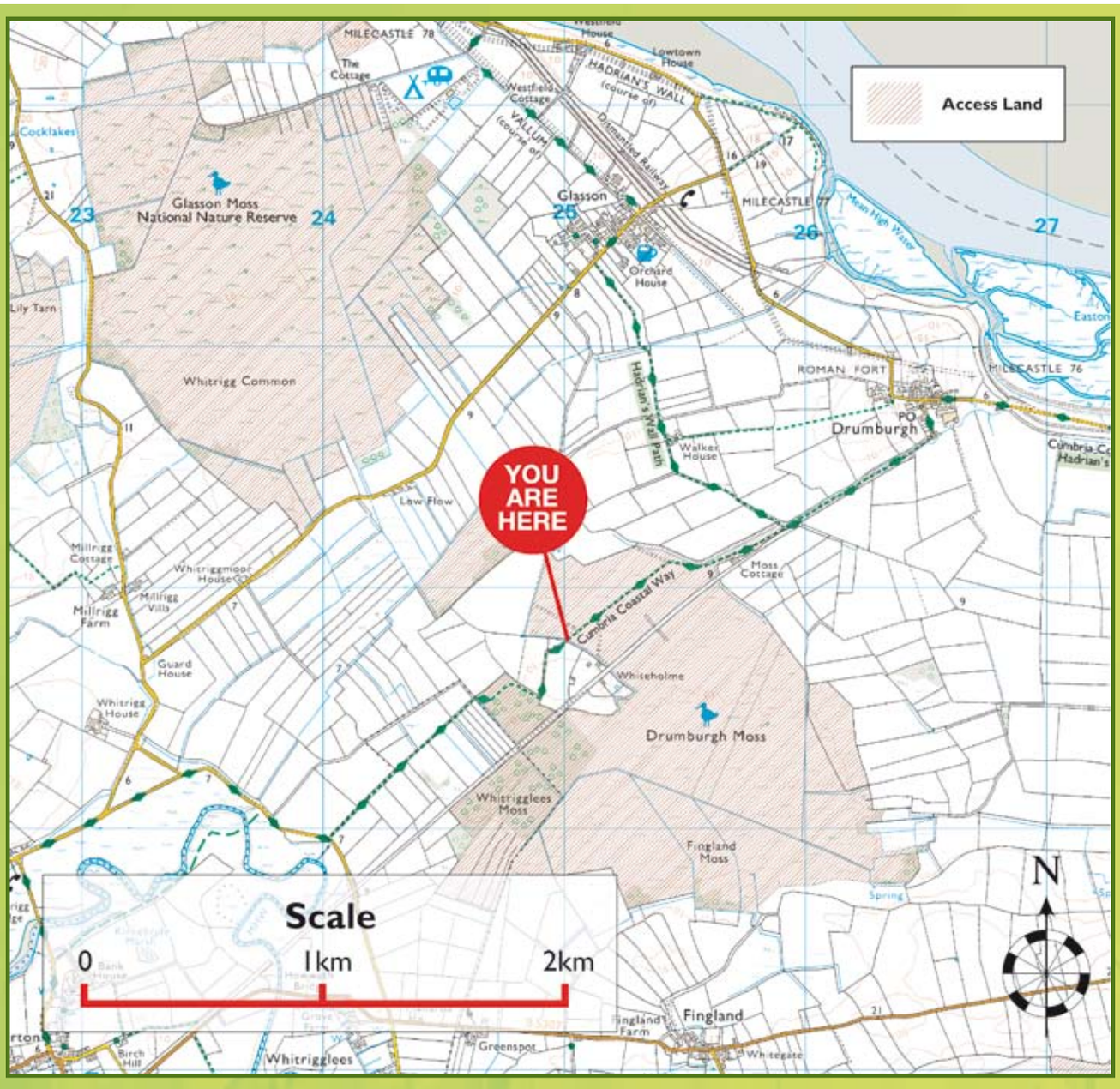
The Countryside Agency

Access Land on the Solway Coast

Cumbria County Council



Mosses contain areas of deep soft peat. There are many water filled ditches, pools and old peat workings, often hidden by a sphagnum moss carpet. Considerable care is required walking over sites except on public footpaths or on marked trails. Adders live here and there are ticks, which can carry Lyme's disease.

South Solway Mosses

- Be safe – plan ahead and follow any signs
- Keep dogs under close control
- Take care - do not start fire
- Protect plants and animals, and take your litter home
- Leave gates and property as you find them
- Consider other people

Dogs in the countryside

On access land:

- Keep your dog on a fixed short lead between 1 March and 31 July. This is to protect ground nesting birds from disturbance
- Local restrictions may include a ban on dogs
- Note that dog restrictions do not apply to guide/hearing dogs, or if you are using a Public Right of Way

On Rights of Way:

- Dogs must be kept under close control, preferably on a fixed short lead