

Under Cold Fell

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A short, and at first, strenuous, roller-coaster circuit which is rewarded by a picture-postcard village and some far-reaching views across the coastal plain and out across the Irish Sea.

1 START: Turn **R** from Market Place along South Street and follow Hadrian's Cycleway 72 signs

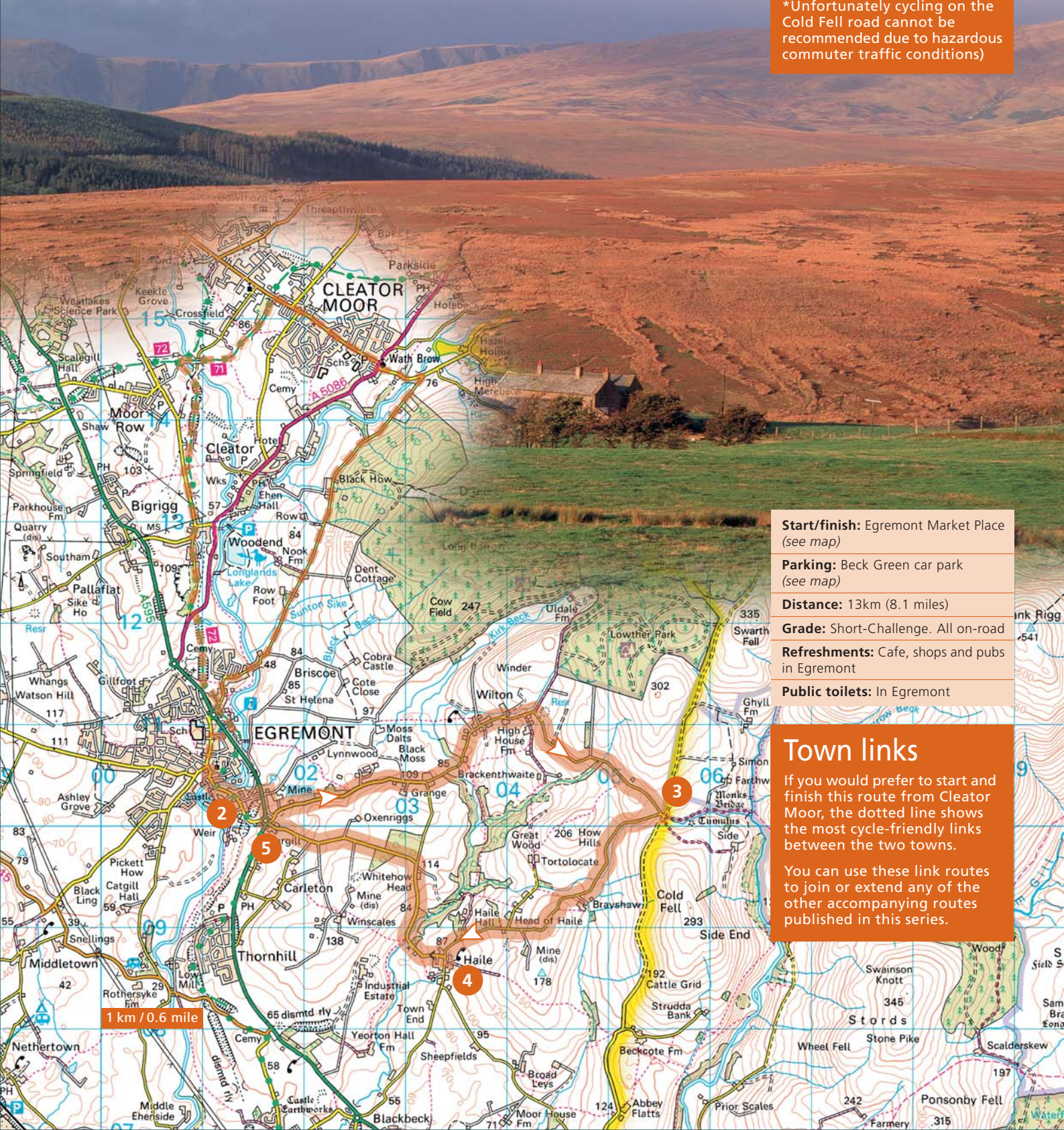
2 Turn L after filling station on R. Follow road, then track under A595 then turn **R**. Turn **L** at T-jct to pass Florence Mine and follow road up to and through Wilton

3 Turn R to descend to Haile*

4 In Haile turn **R** on entering village and follow the road back to Egremont

5 Turn R just before roundabout to retrace outward route back to the Market Place

*Unfortunately cycling on the Cold Fell road cannot be recommended due to hazardous commuter traffic conditions)



Start/finish: Egremont Market Place (see map)

Parking: Beck Green car park (see map)

Distance: 13km (8.1 miles)

Grade: Short-Challenge. All on-road

Refreshments: Cafe, shops and pubs in Egremont

Public toilets: In Egremont

Town links

If you would prefer to start and finish this route from Cleator Moor, the dotted line shows the most cycle-friendly links between the two towns.

You can use these link routes to join or extend any of the other accompanying routes published in this series.