


Mondays to Saturdays except public holidays

From 3 January 2017 (updated January 2019)


300 300 300 301 300 300 300 300 300 301 301

West Cumberland Hospital	M-F									1910			
Hensingham Square										1912			
Whitehaven Kells Solway Road							0620						
Whitehaven Lowther Street	0525	0600		0640	0805	0905	then hourly at these mins	until	05	1705	1920	2100	
Whitehaven Bransty Row	0527	0602		0642	0807	0907			07	1707	1922	2102	
Distington Church Road	0534	0609		0649	↓	↓			↓	↓	1929	2109	
Lillyhall Joseph Noble Road	0538	0613		0654	↓	↓			↓	↓	↓	↓	
Lillyhall Blackwood Road	0539	0614		0656	0819	0919			19	1719	↓	↓	
Harrington Church Road	↓	↓		↓	↓	↓			↓	↓	1934	2114	
Workington bus station stand A arr	0549	0624		0707	0830	0930			30	1730	1942	↓	
Workington bus station stand A dep	0440	0550	0625	0650	0710	0833			0933	33	1733	1943	2123
Siddick	0446	0556	0631	0656	0715	0838			0938	38	1738	1948	2128
 Flimby rail station	0452	0602	0637	0702	0721	0844			0944	44	1744	1953	2133
Maryport Curzon Street arr	0457	0607	0642	0708	0728	0851	0951	51	1751	1958	2138		
same bus - no need to change	⌘	⌘	⌘	⌘	⌘	⌘	⌘	⌘	⌘	⌘	⌘		
Maryport Curzon Street dep	0458	0608	0644	0708	0731	0853	0953	53	1753	1959	2139		
Crosby Community Centre	0503	0613	0649	0713	0736	0858	0958	58	1758	2004	2144		
Prospect Miners Arms	0507	0617	0654	0718	0741	0903	1003	03	1803	2008	2148		
Aspatria Market Square	0511	0621	0658	0723	0747	0907	1007	07	1807	2012	2152		
Waverton village	0524	0634	0712	0738	0801	0921	1021	21	1821	2025	2205		
Wigton Greenacres	0528	0638	0716	0742	0805	0925	1025	25	1825	2029	2209		
Wigton King Street	0531	0641	0719	0746	0808	0928	1028	28	1828	2032	2212		
Thursby The Green	0540	0650	0731	0756	↓	0938	↓	↓	↓	2041	2221		
Orton Grange	0545	0655	0737	0802	0822	0944	1042	42	1842	2046	2226		
Carlisle Westrigg Road end	0548	0658	0740	0805	0825	0947	1045	45	1845	2049	2229		
Carlisle bus station	0558	0708	0753	0820	0845	0958	1057	57	1857	2059	2239		

M-F : Monday to Friday only - operated with a regular Stagecoach vehicle not a Gold branded vehicle

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	300	300	300	300	300		300		300	300	300	301	301	301	301
Carlisle bus station stand 4	0610	0710	0810	0910	1010		10		1510	1610	1710	1810	1910	2110	2300
Carlisle Westrigg Road end	0620	0720	0820	0920	1020		20		1520	1620	1720	1820	1920	2120	2310
Orton Grange	0623	0723	0823	0923	1023		23		1523	1623	1723	1823	1923	2123	2313
Thursby The Green	0629	0729	0829	0929	▼		▼		▼	▼	▼	1828	1928	2128	2318
Wigton King Street	0639	0739	0839	0939	1038		38		1538	1638	1738	1838	1938	2138	2328
Wigton Greenacres	0642	0742	0842	0942	1041		41		1541	1641	1741	1840	1940	2140	2330
Waverton village	0645	0745	0845	0945	1044		44		1544	1644	1744	1843	1943	2143	2333
Aspatria Market Square	0700	0800	0900	1000	1059		59		1559	1659	1759	1855	1955	2155	2345
Prospect Sea View	0703	0803	0903	1003	1102		02		1602	1702	1802	1858	1958	2158	2348
Crosby Community Centre	0708	0808	0908	1008	1107		07		1607	1707	1807	1903	2003	2203	2353
Maryport Curzon Street <i>arr</i>	0715	0815	0915	1015	1114		14		1614	1714	1814	1910	2010	2210	0000
same bus - no need to change	⌘	⌘	⌘	⌘	⌘	then	⌘		⌘	⌘	⌘	⌘	⌘	⌘	⌘
Maryport Curzon Street <i>dep</i>	0716	0816	0916	1016	1116	hourly	16		1616	1716	1816	1911	2011	2211	0000
 Flimby rail station	0721	0821	0921	1021	1121	at	21	until	1621	1721	1821	1916	2016	2216	0004
Siddick	0725	0825	0925	1025	1125	these	25		1625	1725	1825	1920	2020	2220	0008
Workington bus station stand C <i>arr</i>	0733	0833	0933	1033	1133	mins	33		1633	1733	1830	1925	2025	2225	0013
Workington bus station stand C <i>dep</i>	0736	0836	0936	1036	1136		36		1636	1736	1833	1927	2027	2227	0015
Lillyhall Blackwood Road	0743	0845	0945	1045	1145		45		1645	1743	1840	↓	↓	↓	↓
Lillyhall Joseph Noble Road	0745	↓	↓	↓	↓		↓		↓	1745	1842	↓	↓	↓	↓
Harrington Church Road	▼	↓	↓	↓	↓		↓		↓	▼	↓	1935	2035	2235	0023
Distington Church Road	0751	↓	↓	↓	↓		↓		↓	1751	↓	1940	2040	2240	0028
Whitehaven Bransty Row	0800	0859	0959	1059	1159		59		1659	1800	1856	1948	2048	2248	0036
Whitehaven Lowther Street	0802	0901	1001	1101	1201		01		1701	1802	1858	1952	2052	2252	0040

this journey stops at Duke Street, **not** Lowther Street and continues to Hensingham Square and West Cumberland Hospital arriving 1908

Sundays including some public holidays	From 3 January 2017					
Whitehaven Lowther Street	1005	1205	1405	1605	1805	
Whitehaven Bransty Row	1007	1207	1407	1607	1807	
Distington Church Road	1015	1215	1415	1615	1815	
Harrington Church Road	1022	1222	1422	1622	1822	
Workington bus station stand A	0825	1035	1235	1435	1635	1835
Siddick	0830	1041	1241	1441	1641	1841
Flimby rail station	0835	1046	1246	1446	1646	1846
Maryport Curzon Street arr	0839	1051	1251	1451	1651	1851
same bus - no need to change	⌘	⌘	⌘	⌘	⌘	⌘
Maryport Curzon Street dep	0840	1052	1252	1452	1652	1852
Crosby Community Centre	0845	1057	1257	1457	1657	1857
Prospect Miners Arms	0851	1103	1303	1503	1703	1903
Aspatria Market Square	0857	1109	1309	1509	1709	1909
Waverton village	0910	1122	1322	1522	1722	1922
Wigton Greenacres	0914	1126	1326	1526	1726	1926
Wigton King Street	0918	1130	1330	1530	1730	1930
Thursby The Green	0928	1140	1340	1540	1740	1940
Orton Grange	0934	1146	1346	1546	1746	1946
Carlisle Westrigg Road end	0937	1149	1349	1549	1749	1949
Carlisle bus station	0948	1200	1400	1600	1800	2000

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Carlisle bus station stand 4	1010	1210	1410	1610	1810	2010	
Carlisle Westrigg Road end	1020	1220	1420	1620	1820	2020	
Orton Grange	1023	1223	1423	1623	1823	2023	
Thursby The Green	1027	1227	1427	1627	1827	2027	
Wigton King Street	0837	1037	1237	1437	1637	1837	2037
Wigton Greenacres	0840	1040	1240	1440	1640	1840	2040
Waverton village	0843	1043	1243	1443	1643	1843	2043
Aspatria Market Square	0853	1053	1253	1453	1653	1853	2053
Prospect Sea View	0858	1058	1258	1458	1658	1858	2058
Crosby Community Centre	0903	1103	1303	1503	1703	1903	2103
Maryport Curzon Street arr	0911	1111	1311	1511	1711	1911	2111
same bus - no need to change	⌘	⌘	⌘	⌘	⌘	⌘	⌘
Maryport Curzon Street dep	0912	1112	1312	1512	1712	1912	2112
Flimby rail station	0917	1117	1317	1517	1717	1917	2117
Siddick	0921	1121	1322	1522	1722	1922	2122
Workington bus station stand C arr	0930	1130	1331	1531	1731	1931	2131
Workington bus station stand C dep	0932	1132	1332	1532	1732	1932	2132
Harrington Church Road	0942	1142	1342	1542	1742	1942	2142
Distington Church Road	0949	1149	1349	1549	1749	1949	2149
Whitehaven Bransty Row	0958	1158	1358	1558	1758	1958	2158
Whitehaven Lowther Street	1000	1200	1400	1600	1800	2000	2200

For details of extra journeys between

Carlisle - Thursby - Wigton : See Service 400 / 554 / 600

Carlisle - Wigton - Whitehaven (via Cockermouth) : See Service 600

Maryport - Workington - Whitehaven : See Service 30/31

Workington - Whitehaven via Lillyhall : Service 302

Visit www.cumbria.gov.uk/buses/allerdale