

Scooter Skills

It's so great that 43 schools have applied for the link to access free resources to give YOU the scheme to develop scooter skills. We want all the youngsters scooting, cycling and walking to school but in a safe and responsible manner. You are playing your part in that, so thank you!

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Children at Shap Endowed CE Primary School learning new skills and having fun



Ange Taylor, year 5/6 teacher and the PE Subject Leader at Shap Primary

"I saw the Scooter Skills booklet and thought it would be great for our children. More and more children are scooting to school and I think it's important the children learn about being safe on them. It made some children think about carrying things on their back in a rucksack, rather than on their handlebars. The children thoroughly enjoyed their sessions and receiving their certificates, and we are now hoping to organise days in the Summer term when the children can bring their scooters into school for activities during playtimes too. I have put my entry in to win a scooterpod already"



DON'T MISS OUT – it's simple!

- Contact Judith.aris@cumbria.gov.uk
- Download the resources from the link she will send you
- Deliver the training
- **Submit your Scooter Skills Challenge Form by 6 July and you could win a scooter pod for your school**



Children at Brisbane Park Infant School, Barrow doing their scooter skills training



Walk to School Week..... Thank you

Over 10000 children in Cumbria took part in National Walk to School Week. A MASSIVE thanks to all who have responded to our survey. ALL 52 schools completed the survey and received classroom materials to deliver a successful week. Let's hope we saved lots of car journeys. Schools completing the 'during' survey too will be considered for resources next year.



Hayton school children got to walk across a farmer's field to school



It was lovely weather on Walney Island for the walk to Vickerstown School

Happy Shoesday at Kirkby Stephen Primary School – they raised over £100 for Living Streets



Get Active Day

Each school term Active Travel run a 'Get Active' Day. In February children were asked to 'Make &/or Wear a Funny Hat' to walk, cycle and scoot to school. A few schools took part and lots of children made their own or wore ones they had already, they really enjoyed it and said travelling to school was good fun.

Here are some photographs and comments sent in from Shap Endowed CofE Primary, Grange CofE Primary, and Heron Hill Primary Schools.

Shap Endowed CofE Primary "We had our active travel day today which was a huge success. We had 77 children out of a possible 88 who took part, with some parents too" Ange

Grange CofE School "Children had a great time on walk to school day, walking, skipping, scooting in with fabulous and unusual head wear! Anything that gets us all walking to school is great." Phillippa Summers, Headteacher

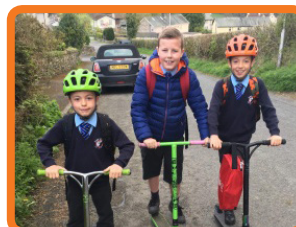
Heron Hill CofE Primary "Parents and pupils took it on-board and we had loads of really creative and quirky hats. The weather was great today too, so it is to be hoped they all took on the walk/cycle/scoot message too!" Alison Lehane



The Big Pedal 2018 – Fabulous effort from all - Thank You!

Well what a fortnight..... 42 schools took part in this 2 weeks of scooting and cycling to school. The competition was fierce with journeys logged by thousands of school children, staff and parents. By taking part in The Big Pedal you certainly got the message across that it's more fun to ditch the car for the school journey!

National statistics: <ul style="list-style-type: none"> • 1,608 schools took part • 513443 children/students • 989414 journeys logged 	Cumbria: <ul style="list-style-type: none"> • 42 schools logged journeys • Total journeys: 22871 • Child journeys (bike): 10529 • Child journeys (scooter): 9424 • Supporter journeys: 2918
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Penny Bridge CE



Orton CE



Grasslot Infants



Warcop CE



St Oswald's CE

- **Sustrans Spot Prizes won:** Ewanrigg Junior, Maryport won a scooter for one pupil. Bransty Primary School, Whitehaven won a Matti Hemmings BMX Stunt Show – fabulous!
- **CCC Active Travel Prizes Awarded:** Prizes for photographs: £100 Halfords voucher St Oswald's CE School Kendal & Great Corby Primary school; £100 Pogu voucher Grasslot Infant, Maryport; £100 Brightkidz voucher Heron Hill Primary School, Kendal
- **Cumbrian Winners:** Small Primary – 5 day, Beetham Primary, Large Primary – 5 day, Inglewood Infants, Small Primary class – 5 day Milburn School, Secondary School – 5 day, Solway Community College

Now can you keep your children cycling and scooting?

Matthew Marshall, teacher at St. Pius X Catholic Primary School, Barrow thinks so! "I just wanted to let you know how much our children enjoyed taking part in the Big Pedal for the first time this year. Based on how well it went, I asked the Head if we could continue allowing children to ride/scoot to school. He consulted the Parent Voice group and it was agreed that it should continue. Previously children were not allowed to cycle/scoot to school due to a lack of storage facilities. Yesterday, I counted 45 bikes and scooters, a real triumph for embedding sustainable travel in our school! We are currently fundraising for a cycle/scooter shelter. Thanks for your support during the Big Pedal and we look forward to taking part again next year!"

No Need for Fundraising for Cycle and Scooter Storage : Did You Know.....

There is now a Healthy Pupils Capital Fund - money from this capital fund can be used to purchase cycle and scooter storage!
www.gov.uk/government/publications/capital-allocations

Winners of Feet First's Design a Banner or Pavement Sign Competition

We have some budding artists in Cumbria. Below are the winners of Active Travel's Feet First Design a Banner or Pavement Sign Competition.



Kingmoor Nursery & Infant School in Carlisle won the Infant School category with their very colourful and imaginative design 'Be Super Cool, Walk to School'.



Heron Hill Primary in Kendal won the Junior School category with their fun filled drawing of children scooting, running, walking, skipping and cycling to school.

Below are photos of some of the other entries:-



Histrionics (performances from the past) performed at Heron Hill and Kingmoor Nursery and Infant Schools – more about that in the next edition. The banners will be available for schools to use for one half term from September 2018. Two of the designs above 'Don't let your child be a victim' and 'No more fuel, walk to school', both drawn by Hayton Primary School pupils, are being used for the pavement signs. If you are interested in using a banner or a pavement sign to discourage parking at your school please contact nancy.sloan@cumbria.gov.uk.

Bikeability.... more children, riding more often, more safely.....

After each course all schools are emailed a link to surveymonkey to provide us with feedback. **Your feedback is useful and appreciated.** We act on any feedback returned, it is collated and sent to either Cyclewise or Eden Valley Sports Partnership. They then send it out to their instructors. **The response has been fantastic** and since we started in October we have received feedback from 90 schools, 142 children, 77 parents. Most of the feedback and comments have been awesome and sometimes it is great for the instructors to be given a bit of praise – especially as often they are out in all weathers. The encouraging statistics prove to us (and Department for Transport) that the training is so worthwhile and appreciated by parents and children too.

Please continue to do this as we cannot possibly get round all the schools

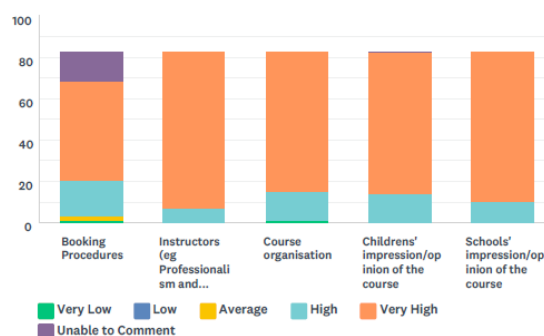
Teacher Ireleth St Peter's "Children always look forward to the course year on year and are eager to ask when they are going out on their bikes on the days of the course. This clearly shows the professional bond your instructors create with the children which is so lovely to see. We were greatly appreciative of the feedback we received from the instructors every single day. It was so lovely to hear them praise the children on their strengths. One of our children was unfortunate not to pass the Level 2 course, however the instructors made sure that the children didn't find this as a negative and could give it another shot next year! Thank you very much once again :)"

Child Beckstone Primary "I loved every minute, It was Amazing I was scared on the road first but then I learnt and not to be scared anymore"

Child Pennine Way, Carlisle "It was really fun and I hope other children get to do it so they learn as well"

Q6 Please rate the following :

Answered: 83 Skipped: 0



Parent Flimby Primary "Before my daughter took the course she rarely used her bike and had little confidence on the road. Now she is cycling to school everyday and playing out on her bike everyday. I feel much better letting her out on her bike now as she confidently knows about road safety"

Tour of Britain is coming in September!

Watch out for your Touch The Tour Pack and the Pedal Your Way To Health Roadshows and embrace the chance to get involved in this fantastic event – it may be passing by you!



Active Travel Website

www.cumbria.gov.uk/activetravel has been refreshed and you can find important information on there.

Feet First 2017-18

Cumbria County Council's walking, cycling and scooting initiative, run by the Active Travel Team, is coming to an end. We hope that your pupils have enjoyed taking part and feel fitter and healthier for it.

Thank you to those schools who returned the short Feet First Survey. The most popular theme for next year is 'The Sea'. Your comments and suggestions have been taken on board for the Infant and Junior Puzzle Books 2018-19.

Sign Up... Sign Up... Feet First 2018-19

It is time to sign up to Feet First 18-19. Invitation letters have been sent to all schools.

Free Resources - Each school taking part will receive class wallcharts (optional) and a certificate. Pupils taking part will receive a puzzle book and a reward badge at the end of each term, 3 in total. The theme this year is 'The Sea'. As well as puzzles, crosswords, dot-to-to, colour me, recipes and a competition, the books will be interspersed with interesting and educational facts, including pollution of the oceans.

Design a Badge Competition - The aim of the competition this year is to design the reward badges (3 in total) and will relate to this year's theme 'The Sea'. Terms and conditions for entries will be issued in September. The prizes for the three badge design winners are to be confirmed.

I hope that we can continue to work together to encourage active travel and please feel free to contact nancy.sloan@cumbria.gov.uk, with any questions you may have in the meantime.



Bikeability Round Up 2017-18

Well another successful year of Bikeability has gone by and we would like to say thanks for making it happen in your school. The year has been challenging in terms of weather but during 2017-18 we were able to deliver training to **5733** children and students. That's:

**Level 1 – 1527; Level 2 – 4055;
Level 3 - 151**

Without your support this would not have happened and those children/students will be much safer, more competent and confident cyclists – so thank you.

Children at St Martin's & St Mary's School, Windermere



Parking Issues Outside School

Are you experiencing parking issues outside your school? Have you thought of taking part in our initiatives, eg Feet First, Walking Buses and/or Park & Stride? For more information, please contact **nancy.sloan@cumbria.gov.uk**.

Twitter

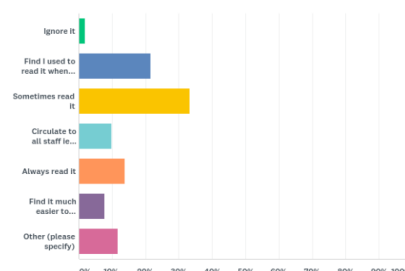
Please copy me in to any of your tweets going out if the theme is sustainable travel **@JudithAris**. Follow us to see what's happening around the county.



We're Listening!

Thanks to schools taking part in the mode travel survey for Walk to School Week we now have the evidence that you would prefer a printed newsletter – you will receive a printed copy as well as it being on the school portal.

Q9 The Active Travel newsletter is now on the school portal - do you?



Active Travel Team

Nancy Sloan is the main contact for anyone interested in **Feet First, Park and Stride, Walking Buses and School Travel Plans**. Judith Aris is the main contact for anything **cycling, scooting and Walk to School Week**. Both can be contacted regarding any school travel issues or further information from our website www.cumbria.gov.uk/activetravel



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