

# Active travel to school

## Welly Walking Wednesday

### Walking to school whatever the weather

Active Travel is trying to encourage children to walk to school whatever the weather. In our climate if we relied on good weather to walk to school then the number of days we would be able to walk would be greatly reduced. This event should be fun for the children and give them a reminder that if you are equipped for bad weather the walking journey to school is a lot more comfortable!

### Suggested activities

Before the day discuss with children how they should dress for the weather to be comfortable - what they could wear?

- Design a welly - template provided
- Hold various welly competitions – welly skittles, 3 legged welly race, welly Olympics, welly themed cake sale, welly whanging (throwing your welly the furthest)
- Discuss the origins of the welly which was named after the 1st Duke of Wellington visit [en.wikipedia.org/wiki/Wellington\\_boot](http://en.wikipedia.org/wiki/Wellington_boot) or attached sheet
- Teach the 'welly boot dance'
- Read 'William's Wish Wellingtons'

On the day – Welly Walking Wednesday – who can wear the whackiest wellies? You may decide to invite children to customise their wellies or just wear what they have – it's up to you!

**Attached resources** - design a welly template, wonderful welly trivia

**Useful websites** - [en.wikipedia.org/wiki/Wellington\\_boot](http://en.wikipedia.org/wiki/Wellington_boot), Free ideas and resources from [www.walktoschool.org.uk](http://www.walktoschool.org.uk)

Please let Nancy Sloan know if you are taking part and she will send your school a bag of goodies to hand out on the day. Also let her know how your children celebrated the day - send any photos or reports to [nancy.sloan@cumbria.gov.uk](mailto:nancy.sloan@cumbria.gov.uk)

