

John Muir Award

This residential environmental award scheme is available for a limited time and is offered during the autumn and spring terms at subsidised rates due to funding from Nurture Lakeland, and access to the John Muir Award.

“Do something for wildness and make the mountains glad.”

The John Muir Award supports experiential learning, and acknowledges and celebrates the achievement of young people beyond formal qualifications. The Award aims to encourage people of all backgrounds to connect with, enjoy and care for wild places.

A group of children in outdoor gear (raincoats, hats, gloves) are working in a field of green plants. One child in a pink jacket is in the foreground, bent over and working with a tool. Other children in yellow, red, and blue jackets are standing behind them, also engaged in the activity. The background shows more greenery and a clear sky.

Gain an environmental award focused on wild places, encouraging awareness and responsibility for the natural environment, in a spirit of fun, adventure and exploration!

The John Muir Award is about participants choosing and developing an understanding of, and responsibility for a wild place or places.

Although this is an individual award, Cumbria Outdoors will support participants to achieve these principles as a group. We will come to your School/Setting* and help participants to choose a wild place or places either within the school grounds or local environment; one that they can compare and contrast to the environment at Cumbria Outdoors. We will then support participants throughout their award to identify why this place is special, what they can do to care for it, and to share these experiences with others. We will do this through a range of outdoor and conservation activities both at your School and at Cumbria Outdoors. Opportunities also exist to link with current curriculum themes. Please see page 6 for details.

The participants get a diary to record, reflect and share their award experiences. This is an important tool for documenting their journey throughout the award; for the participants, teachers and deliverers of the award.

* Please note that the visit by Cumbria Outdoors Staff can only be offered to Schools which are located in Cumbria

An example of a John Muir Award at Cumbria Outdoors.

Choose your local woodland and its native flora and fauna. Spend some time connecting with, enjoying and caring for this wild place and its ecology. Visit Cumbria Outdoors and engage in various activities that enhance this, and compare and contrast to your wild place, such as canoe journeys along the woodland shore, rock climbing, bushcraft and night walks. Spend some time taking responsibility by doing some Rhododendron bashing to minimise the impact of this non native species on the native flora and fauna. Throughout your award share your experiences with your friends, other pupils, and family; help them to understand what you have been doing.

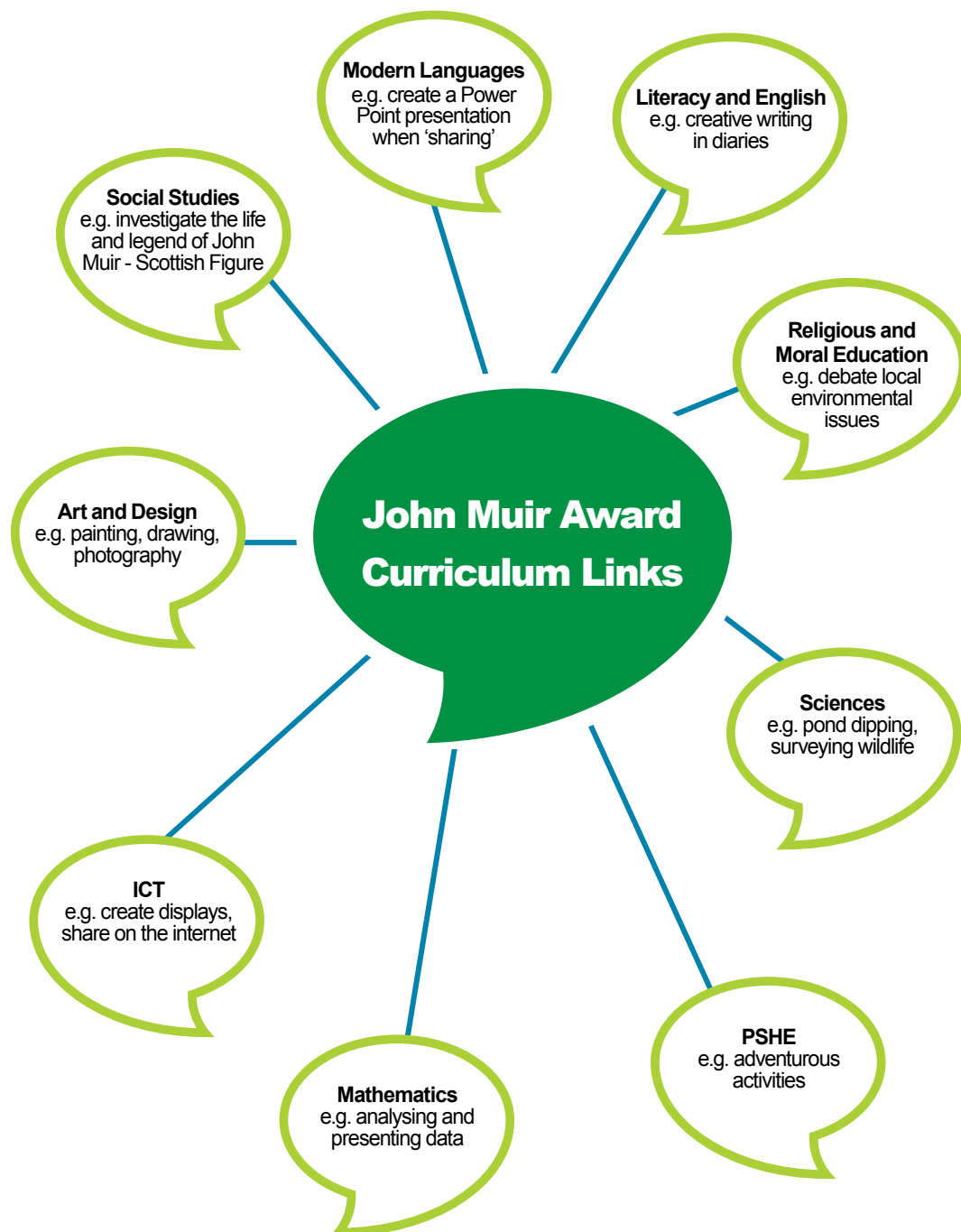
There are many wild places you can choose, such as your local park, your local pond, lake or river, or mini beast environment. Cumbria Outdoors will deliver appropriate outdoor and conservation activities to develop the participants' connection, enjoyment and care for their wild place.



Below is a sample two night John Muir Award programme detailing the level of engagement required to achieve the award. We also offer a five day residential programme too and can tailor the course to suit your wild place or places and specific needs.

Pre-visit	Visit to your School from Cumbria Outdoors* – Introducing the John Muir Award and choosing your wild place or places. Spend some time in your wild place; connecting with it, enjoying it and caring for it.
First morning	Arrive / Centre induction / kit issue / packed lunch
First afternoon	Your chosen activity - for example rock climbing.
First evening	Your chosen activity - for example night walk. Diary writing, and reflecting and sharing the days activity with each other.
Second day	A journey. For example canoe along the woodland lakeshore and do some conservation along the way!
Second evening	Diary writing, reflecting and sharing the days activity with each other. Free time!
Final morning	Your chosen activity - for example bushcraft.
Final afternoon	Clean/return kit/depart
Post-visit	Continue your award back at school - re-visit your wild place, do some conservation, share your experiences with your school.

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“Many pupils spend more time playing in their school grounds than in any other outdoor environment. Using your grounds as a context for the John Muir Award is such a powerful way of helping them to connect with and care for nature on their doorstep on a daily basis and through the seasons.”

Alastair Seaman, Grounds for Learning Programme Manager



Please book early to secure a place and take advantage of this subsidised offer.

For costing and availability, please contact Cumbria Outdoors.



For more information please call:
01768 812280



or email [cumbriaoutdoors:](mailto:cumbriaoutdoors@cumbria.gov.uk)
cumbriaoutdoors.enquiries@cumbria.gov.uk



Further information is also available on the county council website at: **www.cumbria.gov.uk/**

For more information and ideas about The John Muir Award please visit their website: **www.jmt.org**

If you require this document in another format (eg CD, audio cassette, Braille or large type) or in another language, please telephone **01768 812280.**

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如果您希望通过母语了解此信息，
请致电 01768 812280

Jeigu norétumėte gauti šią informaciją savo kalba,
skambinkite telefonu 01768 812280

W celu uzyskania informacji w Państwa języku proszę
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